



Lincoln (Mo.) Sports Photo

## BURNING UP THE TRACK

**LINCOLN (MO) WOMEN WIN D2 TRACK TITLE, 19 HBCU ATHLETES IN D1 FIELD; NAIA ALL-AMERICANS**

**CROWN 'EM:** Lincoln (Mo.) women under Victor Thomas win ninth NCAA Div. II Outdoor Track & Field title.

## UNDER THE BANNER

WHAT'S GOING ON IN AND AROUND BLACK COLLEGE SPORTS

### COACHING LEGEND WASHINGTON PASSES:

Former **Southern University** head football coach **Otis "Coach Wash" Washington**, considered a coaching icon throughout the state of Louisiana, passed Friday, May 24, at the age of 80.



Washington

A famed high school coach in the state at St. Augustine High School where he compiled a 113-17-1 record from 1969 to 1979 with 11 consecutive winning seasons, seven district titles and three state championships (1975, 1978, 1979), Washington moved to LSU as offensive line coach, serving as the first African American coach at the university.

He was appointed head coach at **Southern** in 1981 and served there until 1986. He compiled a 35-30-1 record before he was fired in January 1987.

A 1959 graduate of **Xavier University** of Louisiana, Washington was an all-conference guard and linebacker on that school's last football team and an all-conference baseball player.

*From the Baton Rouge Advocate:*

Former **Jackson State** coach **W.C. Gorden**, whose teams went head to head with Southern, calls Washington the "SWAC's sophisticated coach."

"He was the sharp dresser and very articulate communicator, and he produced great football teams," Gorden said. "His style of coaching attracted the largest fans, and it was always a pleasure to coach against him because he was such a sincere person."

"He could tell jokes, but he usually left that up to people like **Eddie Robinson**." But Washington didn't mind ribbing on someone, too.

There was the game in 1984 when Southern lost a 63-45 shootout to **Mississippi Valley State** and the Delta Devils' prolific quarterback-receiver tandem of **Willie Totten** and **Jerry Rice**. It was the most points Southern ever allowed under Washington. Totten completed 46 of 66 passes for 553 yards and six touchdowns, and Rice caught 17 passes for 189 yards and two scores.

After the game, Washington was walking from Mumfords Stadium to his office and spotted two of his cornerbacks chatting with Totten and Rice.

"I pointed at Jerry and told my two guys, 'If you would have stayed that close to him during the game, we might have won,'" Washington told *The Advocate* a few years later.

### BCFHOF TO JOIN NFL IN COACHING SUMMIT:

The NFL and **Black College Football Hall of Fame** will host assistant and positional NFL and NCAA coaches June 24-25 at the 2019 NFL Quarterback Coaching Summit in Atlanta as part of the league's commitment to strengthening the coaching and personnel development pipeline.

"As part of our ongoing efforts to develop a diverse pipeline of offensive coaches and personnel, the Quarterback Coaching Summit is an opportunity for participants to further develop and perfect their proficiencies in game administration, offensive philosophy implementation and quarterback development," said Troy Vincent, NFL Executive Vice President of Football Operations.

The summit will equip offensive coaches with resources, professional development and networking opportunities with NFL club representatives. Panelists will include former Baltimore Ravens general manager and current executive vice president Ozzie Newsome, Philadelphia Eagles general manager Howie Roseman, Minnesota Vikings general manager Rick Spielman, and Black College Football Hall of Fame Co-Founders **James Harris** and **Doug Williams**.

"We are excited to work with the NFL on the Quarterback Coaching Summit, as well as open the lines of communication and exchange ideas on fundamentals and techniques required to coach the QB position," said Harris.

"The results should help participating coaches in college football and the NFL prepare for the opportunity to become a head coach, offensive coordinator, quarterback coach or offensive assistant."

# Lincoln (Mo.) women repeat in Div. II track

KINGSVILLE, Texas - For the second-straight year, the **Lincoln (Mo.) University** Lady Blue Tigers are national champions.

The Lincoln women's outdoor track & field team scored 64 points and won five events to win the 2019 NCAA Division II Championship on Saturday (May 25). It's the second outdoor title in two years for the Blue Tigers, who also won the 2018 NCAA Division II Championship.

It's also the ninth NCAA Division II Outdoor Track & Field Championship in the history of the Lincoln women's track & field program, and the 14th total national title won by the program under head coach **Victor Thomas**.

It all came down to the 4x400 meter relay, as Lincoln entered the final event of the day tied for first with Adams State, as each team had 54 points. Adams State didn't have an entry in the relay, meaning the Blue Tigers only needed to finish the race to ensure the championship. Not only did LU finish, but the foursome of **Rene Medley**, **Dylann Core**, **Renea Ambersley** and **Kissi-Ann Brown** timed in at 3:37.03 to win the national championship in that event.

Medley won a pair of individual national championships, as she took the crown in the 100 meters with a time of 11.20, and won the 200 meters in 23.30. In the latter event, **Christine Moss** clocked in at 25.02 to place eighth.



NCAA Photo  
**MEDLEY:** Four firsts in D2 nationals

The team of Medley, Ambersley, Moss and **Shaian Vandenburg** opened the day on a high note by winning the national title in the 4x100 meter relay, turning in a time of 45.33. Ambersley was also the national runner-up in the 400 meters with a time of 54.60, while

Moss claimed seventh at 57.64. Brown also was an individual champion, as she won the title in the 400 meters with a time of 53.62. Brown additionally earned All-American distinction in the 400 meter hurdles, as she timed in at 1:01.35 to take sixth.

**Saint Augustine's** quest was hampered by an injury to track standout **Shannon Kalawan** in the 4x100 relay. The injury, during the first leg of the race, prevented Kalawan from defending her national titles in the 400 meters and 400 meter hurdles. It also stopped her from helping the Lady Falcons defend their 4x400 national crown. As a result, the Lady Falcons scored just 10 points and finished tied for 24th in the team standings.

In the men's division, **Albany State's Cervantes Jackson** won the triple jump for the third straight year with a leap of 16.65 meters.



**D2 NATIONAL CHAMPS:** Lincoln (Mo.) women.

**Saint Augustine's** scored 38 points on the final day to capture the men's third-place trophy. The finish was impressive considering the Falcons were ranked 12th in the NCAA Div. II men's national rankings heading into the three-day meet, held on the Texas A&M University-Kingsville campus.

Ashland University won the men's team title with 54 points. Lincoln's men finished tied for seventh with 24 points.

The top eight individual finishers and relay teams received All-America trophies. Overall, HBCU performers earned All-American honors in 18 events including seven national champions during the meet. (See HBCU results below.)

## Spring Sports Update

### 19 HBCU athletes advance to NCAA Div. I Track & Field Championships

Nineteen student-athletes from HBCUs, led by 11 from **North Carolina A&T**, qualified to compete in the NCAA Div. I Men's and Women's Outdoor Track and Field championships after preliminary competitions were hosted Thursday thru Saturday (May 23-25) at two locations.

The East Preliminary was at the University of North Florida in Jacksonville, Florida. The West Preliminary was at California State University, Sacramento in Sacramento, California.

N. C. A&T had one top qualifier on the women's side – freshman **Cambrea Sturgis** in the 200 meters – and one on the men's side – junior **Trevor Stewart** in the 400 meters. **Coppin State** junior **Joseph Amoah** was the men's top qualifier in the 100 meters.

The qualifiers will compete at the NCAA Division I Men's and Women's Outdoor Track and Field Championships next week on June 5-8 at Mike Myers Stadium in Austin, Texas.

#### HBCU QUALIFIERS FOR DIV. I TRACK & FIELD CHAMPIONSHIPS

**WOMEN**  
100 METERS - 4) Kayla White SR NC A&T 11.11 5) Kiara Grant SO Norfolk State 11.19 7) Cambrea Sturgis FR NC A&T 11.17  
200 METERS - 1) Cambrea Sturgis FR NC A&T 22.52 2) Kayla White SR NC A&T 22.56 12) Kamaya Debose-Epps FR NC A&T 23.10  
400 METERS - 7) Tori Ray JR NC A&T 52.35  
800 METERS - 9) Martha Bissah JR Norfolk State 2:04.74  
100 METER HURDLES - 8) Madeleine Akobundu JR NC A&T 13.17Q1.1  
LONG JUMP - 8) Monae' Nichols SO Bethune-Cookman 6.12m  
**MEN**  
100 METERS - 1) Joseph Amoah JR Coppin State 10.10 3) Rodney Rowe SR NC A&T 10.16 5) Demek Kemp SR SC State 10.14  
200 METERS - 5) Joseph Amoah JR Coppin State 20.24 7) 1032 Rodney Rowe SR NC A&T 20.15 11) 1033 Akeem Sirleaf JR NC A&T 20.49  
400 METERS 1) Trevor Stewart JR NC A&T 44.77 6) Akeem Sirleaf JR NC A&T 45.80  
800 METERS - 8) Abbas Abbar JR Savannah State 1:49.70  
110 METER HURDLES - 8) Michael Dickson SR NC A&T 13.58  
400 METER HURDLES - 7) Jaelen Williams JR Hampton 50.27  
10) Akeem Lindo FR NC A&T 50.42  
LONG JUMP - 4) Jamie Brown SR Alabama State 7.74m

### Southern-New Orleans runners-up in NAIA Women's Outdoor Track & Field

GULF SHORES, Ala. - With 88 total points, **Southern University at New Orleans** finished just behind rival British Columbia (91 points) at the 39th annual NAIA Women's Outdoor Track and Field National Championships.

Last year, SUNO defeated British Columbia by just two points to win the women's national title. The British Columbia men also won this year's national crown.

SUNO's women, led by head coach **Younne Reid**, excelled in the sprinting events.

With a time of 45.46, the 4x100 meter relay team comprised of **Kerry Ann Scott**, **Stacey Ann Williams**, **Kimone Hinds** and **Argyana Bolton** finished first. Williams, a freshman, and Bolton joined **Kimona Smikle** and **Xuxa Peart** in taking the 4x400 relay title with a time of 3:38.22, nearly an entire 10 seconds before the second place team crossed the finish line.

SUNO produced four of the eight All-Americans in the women's 400 meter dash, including Williams, who comfortably earned a first place finish with a time of 52.60 while fellow teammate **Jezelle Shaw** finished in third place, posting a time of 54.59 seconds. Peart and **O'Shalia Johnson** placed fourth and seventh in the same race, with times of 55.28 and 56.31 seconds respectively.

## 2019 NCAA DIV. II OUTDOOR TRACK & FIELD CHAMPIONSHIP RESULTS

#### WOMEN (Team Scores)

1) **Lincoln (Mo.)** 64 \*  
24) **St. Augustine's** 10  
39) **Fayetteville State** 5

#### INDIVIDUAL FINISHES

100 meters  
1 Rene Medley, Lincoln-MO \*

200 meters  
1 Rene Medley, Lincoln-MO \*

5 Amanda Crawford, St. Augustine's  
7 Jerinique Brooks, Fayetteville St  
8 Christine Moss, Lincoln-MO

400 meters  
1 Kissi-Ann Brown, Lincoln-MO \*

2 Renea Ambersley, Lincoln-MO  
6 Tawana Allen, Fayetteville St  
7 Christine Moss, Lincoln-MO

400 meter hydrlers  
6 Kissi-Ann Brown Lincoln-MO

#### 4x100 meter Relay

1 Lincoln (Mo.) \* - Shaian Vandenburg, Rene Medley, Renea Ambersley & Christine Moss

#### 4x400 meter Relay

1 Lincoln (Mo.) \* - 1 Dylann Core, Renea Ambersley, Kissi-Ann Brown & Rene Medley  
3 St. Augustine's - Jaria Hoyte, Danielle Scantlebury, Davia Smith & Amanda Crawford

\* - National Champion

#### MEN (Team Scores)

3) **St. Augustine's** 38  
7) **Lincoln (Mo.)** 24  
21) **Albany State** 14  
32) **Claffin** 8  
38) **Central State** 6  
60) **J. C. Smith** 2

#### INDIVIDUAL FINISHES

100 meters  
5 Davion McKnight, Claffin

400 meters  
2 Brandon Parris, St. Augustine's  
6 Javan Gray JR Lincoln-MO

800 meters  
3 Shaquille Dill, St. Augustine's

110 meter Hurdles  
3 Juan Scott, Central State  
7 Christian Smith, St. Augustine's

400 meters  
2 Brandon Parris, St. Augustine's  
5 Derick St Jean, Claffin

800 meters  
5 Joshua Ajjero, Albany State

400 meter hurdles  
3 Alazae Hester-Taylor, St. Augustine's

#### 4x100m Relay

4 St. Augustine's - Nathan Fergusson, Brandon Parris, Damere Gilbert & Darren Alfred

#### 4x400 meter Relay

1 St. Augustine's \* - Darren Alfred, Shaquille Dill, Jalen Jones & Brandon Parris  
4 Lincoln (Mo.)

Tyrese Halls, Mohammed Kouyate, Coy Spence & Raymone Campbell

#### Javelin

8 Najair Jackson, St. Augustine's

#### Long Jump

3 Ryan Brown, Lincoln-MO  
5 Kizan David, Lincoln-MO  
7 Tavian Stewart, Johnson C. Smith

#### Triple Jump

1 Cervantes Jackson, Albany State \*  
3 Kizan David, Lincoln-MO

\* - National Champion